

Meeting of the Nelson Tasman Positive Ageing Forum held in the Constance Barnicoat Room, Richmond Library, Queen Street, Richmond on Monday 26 August 2013, commencing at 1.04 pm

Present: Ruby Aberhart (Chair)
Richard Kempthorne (TDC)
Gail Collingwood (NCC)
Judene Edgar (TDC)
Rachael Large (NCC)
Gwen Sedler (SenNet U3A)
Pam Wildemoth (Nelson Asthma Society)
Frances Kemblevelch (Driving Miss Daisy)
Lindin Visser (Health Care NZ)
Margaret Plumstead (Richmond Senior Citizens)
Ian Barker (NCC)
Elaine Mead (Richmond Senior Citizens)
Jill Harris (MSD)
Charles Tyrrell (Anglican Church)
Jess Breeze (Age Concern)
Sue Tilby (Age Concern)
Shelley Carppe (Remax)
Roy Reid (Golden Bay Grey Power)
Chris Allison (Health Active Trust)
Lisa Turner (NMDHB)
Anne Spear (Stoke Social Services)
Mark Preston-Thomas (ACC)
Kay Peterson (Holy Trinity Church)
Sue Bateup (Health Action Trust)
Amy Wilson (Red Cross)
Helen Reynolds (Bupa Moems/ACN)
G Parson (NMDHB)
Jo Kara (Access)
Bridget Thompson (Hearing Association)
Annette Nistor (Dietician)

In attendance: Mike Tasman-Jones (TDC), Shailey McLean (TDC)

Apologies: Robin Godbaz, Marg Parfitt, Elizabeth Wiblin, Claire Nichols, Krista Hobday, Sarah Downs, Caroline Pitman, Liz Thomas, Jane Kinsey, Marty Price, Heather Lackner, Jane Wulff, Kaye Hunter, Kim Howell, Sharon Croft

Ruby Aberhart welcomed the meeting attendees. She spoke about her concern surrounding organisations affected by the recent earthquakes, especially those that no longer had a base to work from. She encouraged attendees to support these groups.

Ms Aberhart congratulated Ian Kearney for his Alzheimer's work, and Jane Large the Facilitator for Older Health Persons Alliance. Mike Tasman-Jones agreed to send a congratulations letter to Jane.

Ms Aberhart said it had been a privilege to be part of the Positive Ageing Forum, and expressed thanks to the people and organisations who had worked with her. She gave a reading on 'How I see Older People'.

Moved Collingwood/Barker

That the apologies from Robin Godbaz, Marg Parfitt, Elizabeth Wiblin, Claire Nichols, Krista Hobday, Sarah Downs, Caroline Pitman, Liz Thomas, Jane Kinsey, Marty Price, Heather Lackner, Jane Wuff, Kaye Hunter, Sharon Croft and Kim Howell be accepted

Carried

Confirmation of Minutes – 27 May 2013

Moved Harris/Collingwood

That the minutes of the Positive Ageing Forum held on 27 May 2013 be received.

Carried

Matters Arising

Changes from Liz Thomas were accepted

Judene Edgar confirmed that she had submitted her apologies for that day

Sue Bateup said that her update had been about the Te Whare Mahana Outreach at Golden Bay.

Moved Harris/Tilby

That the amended minutes of the Positive Ageing Forum held on 27 May 2013 be received.

Carried

Correspondence

- Mike gave an update on the Otago university student visit
- Notification of Mauri Ora about homebase program.
<http://www.openwananga.ac.nz/index.php/our-programmes/mauri-ora>
- Reply was given to Otago medical students
- Letter sent to Tara Fifield
- Get well letter sent to Mike Tasman-Jones
- Letter sent to Sports Tasman – thanking for enduring power of attorney

Moved Edgar/Bateup

That the Correspondence be received

Carried

Chairpersons Report

Ms Aberhart summarised key points contained in the report.

Gail Collingwood spoke about the visit from the Otago Medical Students. She said there were approximately 10 students, who visited many different organisations and then provided a summary report presentation on their findings. Ms Collingwood said that it had been a valuable exercise for them in finding out what was happening in the community and other

health services. She added that organisations should make sure they had relevant information available at health providers.

Ms Aberhart summarised the Pharmac Review, which had received a number of submissions. Details were provided about the recent Senior Net AGM and Ford Awareness.

It was noted that older people often had difficulty accessing digital services.

Details were provided on an upcoming professional exchange in which 13 people would be selected to go to Japan.

Moved Aberhart /Large

That the Chairpersons Report be accepted.

Carried

Mayor Richard Kempthorne

Mayor Richard Kempthorne thanked Ruby for her chairmanship and avocation of the Forum and her ability to get people to work together. He will always appreciate her constructive input.

Community Pharmacy Long Term Conditions Service

Graham Parton spoke about changes in the community pharmacy contract. He confirmed that 'community pharmacy' refers to retail chemists. Mr Parton said that the contract is based on pharmacies providing quality time and effort to those with long term conditions. He said it was about finding what pharmacies can do better or make easier.

There was discussion on formalising relationships between practitioners and pharmacists.

Mr Parton provided an update on the Medicine Management Plan.

Ruby spoke about the yellow medical card, and said it would be good to have this be reinforced.

A point was raised about home deliveries, with those patience not forming relationships with their pharmacists.

Ms Aberhart thanked Mr Parton for his attendance.

Sue Tilby, Age Concern

Sue Tilby expressed her thanks for the help that Ruby had provided to Age Concern.

Ms Tilby said that the Elder Abuse Awareness Day had been a success, raising \$1600.

She said that International Day plans were under way for 1st October, to be held from 1.30 – 3.30 pm at Sport Tasman. Ms Tilby confirmed they had funding for more life story workshops, and will also be doing a healthy eating workshop.

Ms Tilby agreed to send the link to the Age Concern Research Blog to the group.

Hearing Association Nelson

Ruby Aberhart advised that Erica Law was doing very well and thanked Bridget Thompson for her involvement.

Ms Thompson said that the Hearing Association was all about quality of life, and added that they can train carers. She advised that on 2 August the National Foundation for the Deaf held a silent leadership challenge which Judene attended. She thanked the Office for Senior Citizens for their assistance.

Judene Edgar said that she found out about the silent leadership challenge via the Volunteer Nelson newsletter. Ms Edgar summarised what she learnt, emphasising that the social isolation was very challenging. She said that 43 leaders took part, and the event raised \$55,000.

International Day of the Older Person Use or Lost It Project

Judene Edgar spoke about the Use or Lose It Project which was going to be a week of highlighting community groups, sport and recreation, and organisations for older persons. She encouraged attendees to plan an activity during the week of 30 September to 4 October. The contact person for the event is Judene.

Ms Edgar also thanked Ruby for her strength of conviction and for her time at the Positive Ageing Forum.

Ms Aberhart displayed the Nelson District Neighbourhood Support booklet and said that it should be Nelson City, not district. She will talk to Gail about this.

Health of Older People Mental Health Promotion Project

Sue Bateup, Mental Health Promoter at Health Action Trust, advised that the above project was focussed on workplaces and older peoples. She said there were still spaces for a workshop on mental health and wellbeing on 3 September and asked attendees to contact her or Kirsty at Work Start if they wanted to attend.

Ms Bateup updated attendees on a current project that the Mental Health Promotion team at Health Action Trust were conducting, surveying the needs, resources, and services for health of older people in the Nelson Tasman region. She said this will include an analysis of data and statistics, services, resources and potential collaborative projects. Part of the project is a questionnaire which was distributed at the meeting. The questionnaire is not just for health of older people service providers, Health Action are interested in obtaining a wide range of views about the needs, trends and resources for this group as well and would appreciate any comments you may have. At the end of the project, a summary document will be distributed to questionnaire participants. It would be appreciated if people could distribute the questionnaire onward to appropriate contacts.

NMDHB

Lisa Turner of the NMDHB talked about the Health of Older People Service Level Alliance (HOPSLA). She said it was a combination of all DHBs in the South Island, with 13 members, and the facilitator will be Jane Large. Ms Turner advised that Ruby Aberhart would be the older persons representative.

Ms Turner said that HOPSLA had several priority areas: advanced care planning, restorative focus to service delivery, improving independent living, standardising eligibility criteria and dementia.

Ms Turner spoke about their work with the Alzheimer Society, 'walking in another's shoes', a new Intereye clinical tool, and their falls prevention programme. She also summarised the

'Ask 3 Questions' initiative and provided a brochure. Ms Turner then provided details about Broadsheet, which was available on the NMDHB website.

Ruby Aberhart suggested that the Positive Ageing Forum could be held bi-monthly instead of every three months, due to the increasing amount of information presented.

Update from the Ministry of Social Development

Jill Harris spoke about welfare changes that had taken effect on 15 July, which had mostly affected working age people. Ms Harris said that seniors needed to be aware, if there was a criminal warrant issued, that their super or benefit could be cut if they were not in attendance at court. She added that there were now full reciprocal rights between the Australian Senior card and NZ super gold card.

Richmond Seniors

Margaret Plumstead, president of Richmond Seniors, said that it was now in line with its constitution and had worked closely with internal affairs and IRD to achieve this. Ms Plumstead advised that they now have a full committee and membership has increased.

Nelson Tasman Positive Ageing Forum Election of Chair

Gail Collingwood said that walking in Ruby's shoes would be a challenge, and thanked Ruby for all her work, agreeing with Judene's comments. Mike Tasman-Jones also thanked Ms Aberhart, who said that she had enjoyed her time and made many dear friends.

Due to one nomination being received for the Chairperson position, the position was unopposed and it was confirmed that Gail Collingwood was now elected Nelson Tasman Positive Aging Forum Chairperson. This position is to take affect after this meeting.

Due to one nomination being received for the Nelson Tasman Positive Aging Forum NMDHB Representative position, the position was unopposed and it was confirmed that Ruby Aberhart as Nelson Tasman Positive Aging Forum NMDHB Representative

The meeting concluded at 3.07 pm.

Next meeting Date: Monday 25 November 2013