

Meeting of the Nelson Tasman Positive Ageing Forum held in the Constance Barnicoat Room, Richmond Library, Queen Street, Richmond on Monday 27 August 2012, commencing at 1.00 pm.

Present: Ruby Aberhart (Chair)

Alan Kissell (Men's Shed)
Anne Spear (Stoke Seniors Club)
Annette Nistor (Dietician NNS)
Belinda Wheatley (NMDHB-QPD)
B Pont (Nelson RSA)
Bobbie Poll (Rural Women NZ)
Bronwyn White (Public Health NMDHB)
Caroline Pitman (Nelson Federation Women's Institute)
Charles Tyrrell (Anglican Church)
Craig Piner (NZ Fire Service)
Elizabeth Wiblin (St. John)
Frances Kemble-Welsh (Driving Miss Daisy)
Gail Collingwood (Nelson City Council and National Council of Women)
Guy Burns (Going Digital)
Heather Kelling (St. John)
Heather Lackner (Alzheimers Nelson)
Helen Reynolds (BUPA / Age Concern)
Jane Kinsey (Nelson Bays Primary Health)
John Harwood (Nelson Hearing Assn)
Judene Edgar (Tasman District Council)
Kay Peterson (Holy Trinity Church)
Liam Butler (Support Works)
Lisa Turner (NMDHB)
Margaret Parfitt (Nelson City Council)
Mark Preston-Thomas (ACC)
Mary Holz (NCW Nelson)
Megan Riddell (NZ Red Cross)
Mike Tasman-Jones (Tasman District Council)
Nicola Mercer (NCC)
Pam Wildermoth (Nelson Asthma Society)
Pauline Daly (GreyPower & U3A)
Peter Burton (NMDHB)
Pete Carter (Nelson Marlborough District Health Board)
Robin Godbaz (Richmond/Waimea RSA)
Roy Reid (GreyPower NZ)
Sarah Downs (Tasman District Council)
Sarah Hodgson (Sport Tasman Richmond Recreation Centre)
Sue Bateup (Health Action Trust)
Sue Tilby (Age Concern)
Wendy Duffy (Healthcare NZ)

In attendance: Garry Woodgate (Tasman District Council)

Apologies: Anne-Marie Fowke-Stayner (Stroke Foundation, Southern Region)
Brigid Ryan (Settling In Project – Ministry of Social Development)
Dave Tippet (Sport Tasman)
Jill Harris (Ministry of Social Development)
Krista Hobday (Tasman District Council)
L Walker (Health and Disability Advocacy)

Sgt. Mal Drummond (NZ Police)
Pam Schouten (Nelson GreyPower Board)
Ian Barker, Nelson City Council
Lorraine Salton (AAW)
Marnia Gosnell (Budget Service)

The Chair welcomed those present, said a karakia and invited people at the Forum to introduce themselves.

1. CONFIRMATION OF MINUTES – 28 May 2012

Moved Roy Reid/Judene Edgar

THAT the minutes of the meeting of the Positive Ageing Forum held on 28 May 2012, be received.

CARRIED

Amendments

The Minutes were amended as follows:-

Page 1	Present	'C Tyrell' was amended to 'C Tyrrell'
Page 2	3 rd to last para	'alliance government group' was amended to read 'alliance governance group'
Page 3	Sue Bateup Report	Acknowledgment of the PHO, DHB and Matthew Croucher were included.

Moved Roy Reid/Charles Tyrrell

THAT the minutes of the meeting of the Positive Ageing Forum held on 28 May 2012, as amended, be confirmed.

CARRIED

2. CORRESPONDENCE

Parking Policy and Inner City Zone Prohibited Area Boundaries of the parking and vehicle Control Bylaw 2011. Distributed by email as submissions closed Friday 17 August 2012.

3. CHAIRPERSON'S REPORT

The Chairperson's report and the Nelson Tasman Positive Ageing Forum Terms of reference had been circulated.

Ruby spoke to her report in which she commented upon:-

- The role of the Nelson Tasman Positive Ageing Forum
- Emergency Cards
- Guidelines Physical Activity for Older Persons 65+ from the Ministry of Health

Moved Ruby Aberhart/Roy Reid

THAT the Nelson Tasman Positive Ageing Forum discuss this item.

CARRIED

Ruby advised that she found this matter on the Ministry of health website, that submissions were requested by the Ministry and that there was only a 10 day deadline given for submissions to be received.

After general discussion the following resolution was carried:-

Moved Ruby Aberhart/Judene Edgar

THAT the Nelson Tasman Positive Ageing Forum write to the Ministry of Health advising of its disappointment regarding the consultation process it followed in advertising for submissions to the Guidelines Physical Activity for Older Persons 65+ and encourages the Ministry of Health to provide wider consultation and distribution of the information on this matter.

CARRIED

Discussion then ensued on the Forums three monthly meeting schedule and how best to respond to things that need to be actioned between meetings. It was agreed that information will be forwarded via the email contacts and that post will be used for high importance items only.

Moved Ruby Aberhart/Judene Edgar

THAT the Nelson Tasman Positive Ageing Forum write to all 26 Government Ministries asking them if we could help them distribute any information to our relevant groups regarding positive ageing matters.

CARRIED

- Men's Shed

Ruby congratulated Alan Kissell on the success of the Men's Shed and invited him to advise the Forum of what it was all about. Alan advised it was a meeting opportunity and a place for men to share skills and work on projects. Alan advised that retired men were also working with IHC men, home school students and a group of disabled men to help them with projects. He added that the Men's Shed is situated in the AMP show grounds.

- Money Week 2 – 8 September 2012

Money Week packs were available at the table for collection.

- Greats and Grand's Month – October

Forum members were asked to forward information on any activities they are running to Mike to collate for a Leader article.

- International Day of Older Persons – 1 October 2012

Forum members were asked to forward information on any activities they are running to Mike to collate for a Leader article.

- Otago Medical Students

Jane Kinsey (Nelson Bays Primary Health) spoke of helping the 'Baby Doctors' with their 3rd year community placement. A recent group were split between Nelson and Tasman and both groups enjoyed totally different experiences.

- Acknowledgement of people at the Office for Senior Citizens.

Ruby thanked the staff of the Office for Senior Citizens.

Moved Ruby Aberhart/Judene Edgar

THAT the Nelson Tasman Positive Ageing Forum Chairpersons report be received and adopted.
CARRIED

4. NELSON TASMAN POSITIVE AGEING FORUM ELECTION OF CHAIR

One nomination was received by the current Chair Ruby Aberhart. As no other nominations were received, Ruby Aberhart was confirmed as elected uncontested.

Ruby acknowledged the help she had received from everyone in the Forum but especially help from Judene Edgar, Annette Nistor, Margaret Parfitt, Sue Tilby and Mike Tasman-Jones.

Ruby then advised that she wished someone else take over the Forum's Chair next year but until then she asked if the Forum would agree to Gail Collingwood acting as her Proxy - approved.

5. GOOD HOMES PROJECT UPDATE – Bronwyn White, NHMDB

Bronwyn White advised that she was working from the NHMDB. She outlined the 'Good Homes Tools' booklet and added that 900 had been printed. Bronwyn added that the booklet was currently being tested.

Bronwyn then outlined that a localised resource was required and a Link Chart recommended. Discussion on a cover sheet going out with each booklet giving localised information ensued.

Liam Butler (Support Works) suggested running a campaign to do a warrant of fitness on your own health and wellbeing.

Craig Piner (NZ Fire Service) recommended that the 'Home Safe' NZ Fire Service booklet go out with the Good Homes Tools booklet. These booklets are available from Craig – email craig.piner@fire.org.nz

Bronwyn requested ongoing feedback from members of the Forum on the Good Homes Tools booklet as the project roles out.

6. GOING DIGITAL TARGETED ASSISTANCE PACKAGE – Guy Burns, Going Digital

Guy Burns (Going Digital) advised that on 28 April 2013 analogue will be turned off leaving only digital signal for New Zealand TV's. A set top box at a cost of under \$100 will be required for older TV's to receive the digital signal. He added that new TV's have this built into them.

Guy advised that those who are eligible for assistance were outlined in the brochure provided at the meeting ie. the Government is offering a Targeted Assistance Package to people who have a TV and;

- Are 75 or over with a community services card; or
- Are receiving a Veteran's Pension; or
- Are receiving an Invalid's Benefit; or

- Are former recipients of the Veteran's Pension or Invalid's Benefit who converted to New Zealand superannuation at age 65.

It was advised that Murchison and St. Arnaud were going digital in 33 days time.

7. THE NCC PARKING AND VEHICLE CONTROL BYLAW – Margaret Parfitt, NCC

Margaret Parfitt (Nelson City Council) advised that submissions on the above closed on the 17 August 2012 and that five submissions had been received. These will go to a Hearing on Tuesday 4 September 2012.

8. FREE USE OF WHEELCHAIRS IN NELSON CITY – Gail Collingwood, NCC

Gail Collingwood (Nelson City Council and National Council of Women) advised that there is a wheelchair for free use at the NCC office and one at the Nelson Museum.

In general discussion, it was agreed that a full list would be useful for distribution at the Forum – Sarah Downs, TDC to co-ordinate.

Other free to use wheelchairs were sighted at the following places:-

- Richmond Mall
- Nelson New World Supermarket
- The Warehouse
- Two at the Senior Citizen's rooms
- Two at the RSA Club
- Two at Rick's place.

It was suggested that TDC's 'Newline' and NCC's 'Live Nelson' ask local businesses to advise Sarah if they hold a free to use wheelchair.

9. GENERAL BUSINESS

a) Telephone Directory – Roy Reid

The new Telephone Directory was called 'disgraceful' due to its very small print.

Moved Roy Reid/Charles Tyrrell

THAT the Nelson Tasman Positive Ageing Forum write to Yellow Pages outlining their unanimous dissatisfaction with the new Yellow Pages directory print size and requesting they increase the print size of the next publication.

CARRIED

b) Home Safety Tips Chart – Roy Reid

Roy tabled a Home Safety Tips chart produced by the Horowhenua District Council that provided a quick reference of Government departments and other agencies he found very useful and recommended a similar one be produced in our region.

c) Voluntary Marlborough Free Funding Expo – Judene Edgar

Judene advised of a Voluntary Marlborough Free Funding Expo being held 9.30 am – 4 pm on Tuesday 28 August 2012.

d) International Day of the Elder Person – Charles Tyrrell

Charles advised the International Day of the Elder Person would be celebrated at the Nelson Cathedral on 14 October 2012 at 10.00 am. All welcome.

e) Community Survey – Holy Trinity Church

A community survey is to be held 10-14 September 2012.

f) International Alzheimer's Day – Heather Lackner

Heather Lackner advised of the International Alzheimer's Day to be held on 21 September 2012.

Alzheimer's Nelson is holding a Quiz Night on 3 September 2012. To book a table phone 546 7702, cost is \$10.00, eight per table.

g) Mental Health Awareness

Mental Health Awareness is holding an Exhibition between 8-14 October 2012 at Nelson Cathedral.

h) Rural Delivery Extra Charge – Ruby

Ruby advised that NZ Post is now charging an additional \$2.50 for delivery to a rural address.

Mr Peter Lafou, NZ Post Ltd to be requested to attend the next Nelson Tasman Positive Ageing Forum meeting to discuss.

i) Medication Card – Ruby

Ruby advised that only Doctors and Pharmacists can put information into your Medication Card.

The meeting concluded at 2.50 pm.

Next meeting Date: Monday 3 December 2012