

**Meeting of Nelson Tasman Positive Ageing Forum held at 1.00 pm  
on Monday 09 July 2018 at Constance Barnicoat Room, Richmond Library**

**Present:** Charles Tyrrell (Anglican Church/Age Concern) (Chair)

Linda O’Dea, Grey Power  
Bevan Grant, Independent  
Ruby Aberhart, Independent  
Kim Howell, LU HTS  
Maxine Day, TDC  
Scott Tambisari, NCC  
Sarah Holman, TDC  
Breffni O’Rourke, Age Concern  
May Hole, NCW  
Derek Aldridge, Stoke Seniors  
Mike Tasman-Jones, TDC  
Drew Bryant

Pauline Daly, Grey Power  
David Kemp, Independent  
Nicky McDonald, NCC  
Trish Armstrong, Enliven & Presbyterian  
Frances Kondle Welch, Driving Miss Daisy  
Rona Abbott, Fresh FM  
Nicola Berthelsen, Anglican Senior Care  
Megan Cole, Citizens Advice Bureau  
Dana Wensley, TDC  
Brylee Wayman, TDC

**In attendance:** Melanie Ellis (Tasman District Council)

## **1 Welcome/Introductions**

Charles Tyrrell welcomed everyone and opened the meeting.

## **2 Apologies**

Moved: Mike Tasman-Jones, Charles Tyrrell

That apologies for absence from Peter Sutton, Jill Harris, Yvonne Smith, Gail Collingwood, Janice Emery, Di Connolly, Chris Alison, Caroline Bidge, and Cr Matt Lawrey be received.  
Carried

## **3 Confirmation of Minutes**

Moved: Linda O’Dea, David Kemp

That the minutes of the meeting of the Nelson Tasman Positive Ageing Forum, held on 28 April 2018 be received.  
Carried

## **4 Matters Arising**

David Kemp noted that Nelson City Council has included social seating in the long term plan which is really good. In Mudcakes and Roses there is my article about the social seating - great to see information on improving public spaces.

## **5 Chairpersons report**

The Chair's report was tabled with commentary on the following:

Positive Ageing Strategy review to be held on 24<sup>th</sup> July from 10am.

Friendly Communities Forum held recently at Parliament.

Nicky McDonald mentioned that it was great that the Minister hosted the forum at parliament. Many Councils were represented and Councillors were there so it was great to get some best practise ideas.

Brylee Wayman agreed with Nicky- great to see support for age friendly approach. They went through lots of examples of what other councils are doing and we are doing much of the same.

## **6. Tasman District Council Age-Friendly Policy**

Presented by Brylee Wayman, Senior Policy Advisor

An overview of the project scope, timeline along with presentation of the statistics relevant to the development of the Tasman District Council Age-Friendly Policy.

Nicky asked how much is done on the analysis of what is driving the ageing population in Tasman compared with Nelson? Brylee - Younger people are leaving. Older people moving to Tasman for the lifestyle. Nelson has more international migration gains than Tasman.

Bevan Grant – reimagine/rethink visualise a different tomorrow. I think about the Age Friendly policy for each council, missed opportunity. One day, there may only be one council. A large number of organisations TDC consult with and NCC consult with, all orgs involved with the older age group work the “region” not divided by Nelson City and Tasman District. WHO encourages community/concepts/philosophy together.

Brylee – Hamilton did a whole community led strategy. I think NCC and TDC are going to go with the WHO framework and will work together in the long term.

Nicky – NCC wants to work together in the future too. Slightly different processes now but will be sharing the data and information later on.

Ruby Aberhart wants to congratulate Brylee for giving newsletters out to the wider group and mentioning the age 65+, as 50+ no longer relevant, particularly if populations are going to be getting to 100 years.

Trish Armstrong – Priorities, transport is one of the top ones listed, is this the priority?

Brylee - Will depend on the feedback we get, footpaths most likely are a high priority.

David Kemp – Idea of a healthy community, Dr Tolley the walkers and riders are great for the community. Seats to be encouraging of socialising with young people and engagement and ownership in the community with them. Strategies for integration, opportunities looking at Community Health Boards, local authorities etc, integration and sharing platform at the community level.

Dana Wensley wants to thank Brylee for all her work. The evidence based data and then the next step of taking it to the community perspective and Dana takes on board of youth getting involved as well. If you want to become part of the focus group contact Brylee or Dana.

Bevan – Is TDC looking to adopt the WHO Age Friendly or just picking bits out?

Brylee responded that we are working on just Council related parts, some parts we don't have any influence e.g. health. It's not all about problems, we can be promoting opportunities as well.

Dana – consultation with community with everything we do. E.g. Public transport to rural communities is probably unaffordable. Can the DHB take these things over. Council can't fix everything.

Bevan confirmed that there will be a NCC policy and a TDC policy.

David – Regarding the two cities and two councils, it is not unique. No way to resolve this, at this point.

## **7. Accessibility – A story from personal experience**

Presented by Ruby Aberhart

The post boxes disappeared and Christine Tuffnell has got further action as TVNZ has picked up the story. At least we now have a voice for our older people who can't always get to the post office easily. There is a 'Snail Mail' day each year on the 13 June when people are encouraged to post a special letter.

Ruby's 80+ peer group are those only receiving Superannuitant payments and are fully responsible for their house and garden maintenance.

Concerned that communication is difficult for peers talking to organisations. Acronyms – talking in code is a major problem, 'best practice', 'reach', 'measure', what does all of this mean? Use of stakeholders is a "dirty" word, I believe everyone should be asked, not just who you decide are the stakeholders.

The last few years have been a huge journey of learning who I am, what I can do now, I know I need to keep a sense of purpose. I visit rest homes and many don't seem to have a purpose. I think we all need a purpose.

## **8. Update from Age Concern**

Presented by Breffnee O'Rourke

Caroline will be back on 25<sup>th</sup> July. Miriam Harkess has recently started at Age Concern. Tea and Talk has started in Nelson at Elma Turner library, Victory, Richmond and Golden Bay. PetConnect with residents at a rest home and some children came along as it is the school holidays. Great success.

Ridewise changes from the Total Mobility Scheme is getting more people enquiring about it. End of May was the Age Connect Champion Awards.

## **9. A4A Update**

Presented by Cr Dana Wensley

A4A Forum created the barrier-free checklist for all businesses to go to a barrier-free way inclusive of prams, wheelchairs, crutches, as well as including sensory impairment. Asian Food Market on Queen St embracing this.

Problems with disabled car parks, some are in private car parks. Can only write to the Mall and ask them to change their accessibility, particular issue by Fresh Choice.

Dunedin City Council has rolled out an App that specifically shows access to reserves, parks etc.

Salisbury Road and kids crossing across there very busy. What would people want to see around Richmond to make it safer? Do we need to reduce speed limits further, eg. around Dr's schools, etc?

Drew Bryant, Tasman District Council, has brought forward some of the Access For All issues forward. The Car Parking Strategy is close to being completed and has been extended to a complete Parking Strategy. Active Transport Strategy is the next step. We work closely with Nelson City Council however there are geographical differences – Nelson urban and Tasman is predominantly rural.

## **10. Update from Grey Power**

Presented by Pauline Daly and Linda O'Dea

A delegation met with the CEO of the Airport, Rob Evans, about the new terminal and if they had met with Older groups. Things relating to the elderly or mobility issues, e.g. smooth all the way into the terminal. He hadn't considered seating so we discussed that there needs to be comfortable seats with backs, not just bench seats. There are only two disability toilets.

Met with Pharmac interesting how long medicines take to get approved and get down the list. What other things e.g. Epipen. 120 Pharmac employees, taken on board that people need to know when the medications changes – possibly the pharmacist is the person to talk to when Medications are changed (although it says it is the same).

Working with NMDHB about end of life health, what things we need to do. People don't really want to know.

Home direct turned away for a bit but they are back again in Nelson. It has been brought to Council and needs to be addressed. There seems to be a lack of education of the people being targeted – low socio-economic areas.

Nelson has some new buses that will take mobility scooters – just two at this stage but they are needing more.

## **11. General Business**

Election/Re-election of Chair

Electing a Chairperson will be coming up at the September meeting. Mike will send out information prior to the meeting.

Nelson crossing in Stoke

There is a Pedestrian crossing and they have created a refuge but it is not safe.

Dana suggested Paul Matheson is looking into it – extending the crossing time. Scott Tambisari said he would follow up.

Response from Scott

*“We hear the concerns and this has been raised before. Given the change in use (Greenmeadows) we’ll look into this again.*

*This particular set of traffic signals is relatively complex, and interlinked with the Putaitai traffic signals also. A common misconception is that when the red man starts flashing, this means you should be across the intersection. This is incorrect, as once a pedestrian has entered the intersection under a green man, they’re within their right to continue walking across the intersection with traffic having to give way. Phasing is staggered such that traffic is held sufficiently to enable a driver to register the pedestrian on the crossing, thus allowing the give-way rule to be applied safely. Appreciate the feedback, and I’ll let you know the outcome when we review”*

Grey Power – the current refuge hinders emergency services getting onto Songer Street as it is now blocked by the refuge.

Bevan – New Zealand Association of Gerontology Conference 2018 is to be held 6<sup>th</sup> – 8<sup>th</sup> September.

David – Would be good to have an update from Jill Harris of Ministry of Social Development. Mike to arrange.

Mudcakes and Roses

David – re Mudcakes and Roses is on shaky ground – but it is really good and is too valuable to let slide.

Mike - There is a hard copy survey included in the current edition that can be completed and returned via post.

## **12 Next Meeting**

Monday 17 September 2018

The meeting closed at 14:37pm.